

November 2011

FRIENDSHIP HOUSE 212 B CENTRAL AVENUE FARIBAUT PHONE 507-333-5840

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 8 am Water Aerobics 4:00 Craft Corner	2 1pm Nfld Wt. Room 1pm Ceramics 4pm Board Meeting 5pm Open Clubhouse	3 8am Water Aerobics 2:30pm Job Group 4pm Faribault Library/ Exercise Gp.	4 1pm Nfld Wt. Room 3pm Men's Group	5 Clubhouse Closed
6 9am Waffle Breakfast 1pm Lakeville Movie 1pm Walking Group	7 8 am FBO Walking Weight room 11:30am Deliver Meals 4:00 Mindfulness	8 8am Water Aerobics 11:30am Deliver Meals 3pm Women's Group	9 11:30am Deliver Meals 12:30pm Ceramics 3pm Nutrition Group	10 8am Water Aerobics Clubhouse Closed	11 Clubhouse Closed	12 Clubhouse Closed
13 11am Lakeville Movie 2 pm Open Clubhouse	14 8am FBO Walking Weight room 4 pm Yoga	15 8am Water Aerobics 2:00 Effective Communication skills	16 1pm Nfld Wt. Room 3pm Clubhouse Movie	17 8am Water Aerobics Clubhouse Closed	18 Clubhouse Closed	19 Clubhouse Closed
20 10 am Art Club 12 pm Open Club House	21 8am FBO Walking Weight room 4 pm Mindfulness	22 8 am Water Aerobics 3pm Three Links Volunteering 6pm Faribault Community Dinner	23 1-3pm Thanksgiving Tea at Friendship House	24 Happy Thanksgiving! Clubhouse Closed	25 Clubhouse Closed	26 Clubhouse Closed
27 10 am HolyJay Flower Arrangements 12 pm Open Club House	28 8am FBO Walking Weight room 1 pm Haircuts 4 pm Yoga	29 8am Water Aerobics 2:00 Women's Group	30 1pm Nfld Wt. Room 1pm Ceramics 3pm Mystery Outing			