Our Mission Statement:

As a Resource Center/Clubhouse for Adults with Serious and Persistent Mental Illness, the Friendship House mission is to provide a safe and comfortable learning environment where members provide peer support, share information, improve their skills, health and wellness and utilize opportunities for leadership, socialization and involvement in the

"I can meet people that can relate to what I am going through."

"The Friendship House gives me a place to go and get out of my apartment so I don't isolate."

"Having the Friendship House helps to keep me from being in the hospital."

~ Consumer Comments

Friendship House

306 1st Ave SW
Faribault, MN 55021

507-333-5840

Friendship House

A South-Central Community Based Initiative Mental Health Resource Center

Friendship House History

The Friendship House was opened in 2001 with funds from the South Central Community Based Initiative.

The Initiative is a program funded by the MN Department of Human Services to develop mental health outreach programs that provide support, crisis intervention, and self help skill training teaching, consumer advocacy and problem solving to reduce and/or eliminate hospitalizations.

To also develop recreational activities and outings, as well as work support that assist consumers in their efforts to function successfully in the community.

Mental Illness Facts:

1 in 5
Americans are diagnosed with a mental illness.

1 in 5 American's reported that the Pandemic has significant negative impact on their mental health

Education and public awareness are important in teaching everyone about mental illness.

Services Available at Friendship House:

- Access to mental health information and resources.
- Educational/Support Groups such as men's and women's groups, and health living , and young adult group.
- Crisis Intervention.
- Volunteer Opportunities such as: Meals on Wheels, Nature Center, Paradise Center for the Arts, and more.
- Fitness Programs including: Walking groups, water aerobics, and Wii Wellness.
- Social Activities and Outings such as movies, shopping, concerts, plays, athletic games, potluck & bingo, open clubhouse times, and much more.
- Free Internet Access.
- Crafts/games.

Friendship House Board:

The Board is a committee comprised entirely of consumers from Rice County. The Board has officers that assist in guiding board meetings. Board meetings are held 6-8 times per year. If you are interested in having input into Friendship House services, please consider joining our board.

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